

ARM Spring National Meeting

14 March 2020

Stronger Together: Midwifery for the 2020s

AGENDA

9.30	Registration and refreshments	
9.50	Welcome and introductions	Deb and Lisa
10.15	Better Births – what's the latest?	TBC
10.55	NMC Standards briefing	Katherine Hales
11.15	Independent Midwifery – still kicking	Janie Al-Alawi
11.45	The Birth Practice and Politics Forum	Helen Shallow
12 noon	ARM – current actions	Katherine Hales
12.30	LUNCH	
13.00	<p>WORKSHOPS</p> <p>Mindfulness</p> <p>Spirituality and birth</p> <p>The pelvis floor</p> <p>Autism awareness in midwifery practice</p>	<p>Jill Palmer</p> <p>Sara Merritt</p> <p>Gemma Mc Gregor</p> <p>Diane Bains</p>
14.00	Birth Activism – women making their voices heard	Maddie McMahon and Meghann Horner-Smith
14.40	PLENARY – Questions and Discussion	KH JAA HS MM MHS
15.30	Workshop round-up	
15.45	ARM – AOB	Katherine Hales
16.15	Summary and good-byes	
16.30	HOME	

The theme of the day is to review where we are at the beginning of the 2020s, identify our key challenges and how we can meet those by acting strongly together as women, midwives, birth workers, and activists. We want everyone to go home with positive ideas as to how they as an individual can get involved and press on with each other to reclaim birth for women and families.

There is no projector facility so it will be a Powerpoint-free event – if you want to provide a handout or two, please **email these by 8.3.20** so we can have enough for delegates on the day.

Workshops – Mindfulness and Spirituality workshops will be in separate rooms upstairs, Autism and Pelvic floor will be in opposite corners of the large hall.

Speakers and workshop facilitators are welcome to free entry to the whole day.